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HEALTHY FAT
COMPLEMENT SALMON WITH EARTHY FLAVOUR OF SHIITAKE {page 19}

TYING THE KNOT
JANET REPORTEDLY ENGAGED TO QATARI BILLIONAIRE {page 13}

CALGARY metro®
Thursday, August 4, 2011
www.metronews.ca
News worth sharing.

Giant snake rescued

Eight-foot-long boa constrictor in apartment taken to vet and reunited with owner a few hours later ◐ Legal to own the reptile in Alberta ◐ For more, head to metronews.ca/calgary

A mix-up yesterday left Calgary snake owner Sarena Dobmeier searching for her eight-foot-long boa constrictor.

Around midnight, Dobmeier, who's currently moving, decided she would spend a couple hours sleeping in her new home before retrieving her snake, Herc, from her former residence in Ranchlands.

Around 4 a.m., firefighters responded to an animal-distress call when residents in the suite below heard water running and found the snake. Dobmeier left Herc in the bathtub and said she thinks the snake turned the tap on.

Firefighters took the snake to a local vet.

"I ended up calling the fire non-emergency number and they knew right away," said Dobmeier, who came back to get Herc at 6 a.m. "It's pretty easy to track down an eight-foot snake."

After 15 years with Herc, Dobmeier said, "it's not even her greatest adventure yet," adding the reptile once got loose on a ferry after someone cut open a bag she was inside.

KATIE TURNER

CANDICE WARD/FOR METRO

▶ Sarena Dobmeier with her 15-year-old Colombian red-tailed boa constrictor named Herc.

Trial

Facing the music in Egypt

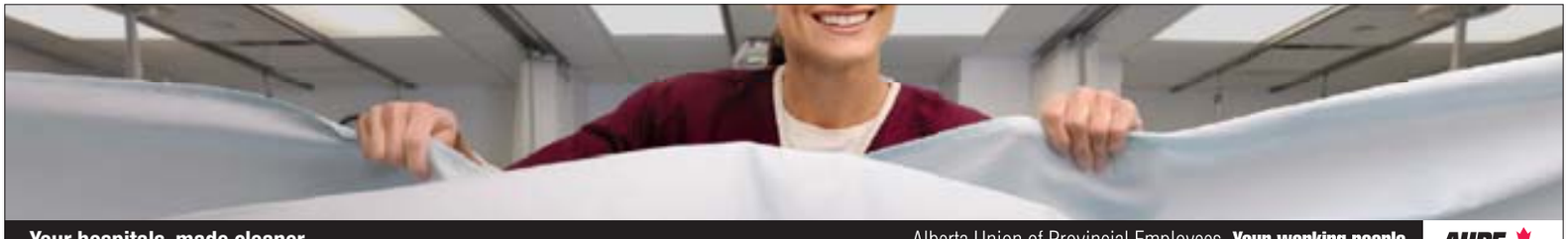
Hosni Mubarak pleads not guilty to charges of complicity in the killings of protesters {page 4}

Slave Lake fires

Province pumps in more cash to rebuild {page 3}

Bomb scare in Australia

Australian police say bomb attached to teen's neck was not an explosive {page 6}



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Province adds $189M for Slave Lake rebuild

The Alberta government is giving the fire-ravaged Slave Lake region an additional $189 million to help with rebuilding and recovery costs.

The province had already announced $100 million in funding shortly after a wildfire wiped out one-third of the community in May. About 2,000 people lost their homes.

"The support from the government's been tremendous and we couldn't have done it without them," Slave Lake Mayor Karina Pillay-Kinnee said yesterday.

"By working together, we're going to rebuild Slave Lake."

The Insurance Bureau of Canada has estimated the fire caused $700 million in damage.

The new government money, which brings total funding to $289 million, is being directed to three projects, including one for interim housing for displaced residents. Just over $47 million will be spent to move and hook up 350 modular homes in Slave Lake by the end of November.

Priority for the homes will be given to families with children so they can be settled for school, said Infrastructure Minister Ray Danyluk.

Many homeless residents have spent the last three months in motels or campers or have squeezed into the homes of friends and family.

"It's about getting back on your feet to be stronger," said Municipal Affairs Minister Hector Goudreau.

THE CANADIAN PRESS

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Slave Lake was left in ruins after a fast-spreading forest fire in May.

Dog saved from sure death

Canine badly hurt by porcupine quills, suffered other injuries ◐ Looked after by animal rescue based south of Calgary ◐ Care for abandoned animal will cost $2,000 to $3,500

YASMIN JASWAL
CALGARY@METRONEWS.CA

He may lose an eye, is infected and has broken bones, but Phoenix, a dog saved by Okotoks-based Pound Rescue, will survive.

Phoenix was found in a rural area outside of Calgary over the weekend.

He was suffering from numerous injuries, most notably those caused by porcupine quills.

"He couldn't open up his eye, he could barely lift his head.... He was basically just a mess," said R.J. Bailot, executive director of Pound Rescue. "But yet he still managed to wag his tail when he saw us."

"He was in clear distress. He was essentially on death's door."
R.J. BAILOT, EXECUTIVE DIRECTOR OF POUND RESCUE

Since his rescue, Phoenix has received proper medical attention, and veterinarians say he will recover.

Pound Rescue is a no-kill animal-rescue organization that has been running for 15 years, and so far this year has over 200 animals in its care.

Donations towards his recovery can be made at poundrescue.com.

PHOTO COURTESY POUND RESCUE

▶ It's believed that the dog, named Phoenix, was a family pet at some point.

Water main break makes impromptu lake

It was not business as usual for one southeast establishment yesterday morning, as a small lake began forming in and out of their building.

A water-main break around 8:15 a.m. caused Custom Truck Parts at 707 Barlow Trail S.E. to flood.

"It was raining in here pretty good," said George Manchester, branch manager.

Manchester does not suspect a substantial loss in product as they were quick to get parts out of harm's way.

"Thank god we were here," he said.

Company employee Dean Felt estimated about 120,000 litres of water had spilled out.

CANDICE WARD

CANDICE WARD/FOR METRO

▶ Dean Felt pumps water outside CSC Ltd.

News in brief

Mom guilty in son's death

CALGARY. A woman has pleaded guilty to manslaughter for smothering her 10-month-old son.

Stacey Joy Bourdeaux was arrested in May of last year after her other son, who was five, was taken to hospital with serious brain damage.

THE CANADIAN PRESS

One in jail after sex assault

CALGARY. Police have a man in custody in relation to a sexual assault that took place Sunday.

After releasing information on the incident, police received several tips. However, the man turned himself in yesterday, according to a release. Charges are pending against the man, who has yet to be named.

METRO

1 news

New theory blames 'big splat' for our not being able to gaze up at two moons each night. Scan code for story.

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Oscar winner Russell Crowe in St. John's to film guest spot on CBC's Republic of Doyle. Video at metronews.ca

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Mubarak pleads not guilty at trial

About 50 supporters pounded the gate, trying to gain access Some chanted, 'We love you, Mubarak!'

An ailing 83-year-old Hosni Mubarak, lying ashen-faced on a hospital bed inside a metal defendants cage, denied charges of corruption and complicity in the killing of protesters at the start of his trial yesterday.

The spectacle, aired live on state television, was a stunning moment for Egyptians. Many savoured the humiliation of the man who ruled for 29 years, during which opponents were tortured, corruption was rife and poverty widespread.

"This is the dream of Egyptians, to see him like this, humiliated like he humiliated them for the last 30 years," said Ghada Ali, the mother of a 17-year old girl in the city of Alexandria who was shot to death during the crackdown.

"I want to see their heart explode like my daughter's heart exploded from their single bullet," Ali said.

A prosecutor read the charges against Mubarak — that he was an accomplice along with his then-interior minister in the "intentional and premeditated murder of peaceful protesters" and that he and his sons received gifts from a prominent businessman in return for guaranteeing a lowered price in a state land deal.

"Yes, I am here," Mubarak said from his bed, raising his hand slightly when asked to identify himself and enter a plea. "I deny all these accusations completely," he said, wagging his finger.

THE ASSOCIATED PRESS

EGYPTIAN STATE TV/THE ASSOCIATED PRESS

▶ This video image, taken from Egyptian state television, shows 83-year-old former Egyptian president Hosni Mubarak lying on a hospital bed inside a cage of mesh and iron bars in a Cairo courtroom yesterday. It was Egyptians' first look at the former president since Feb. 10, the day before his fall when he gave a defiant speech refusing to resign.

Mubarak's life

Key dates in the life of Hosni Mubarak.

- **May 4, 1928 —** Born in village of Kafr el-Moseilha.
- **April 1975 —** Chosen by President Anwar Sadat to be vice-president.
- **Sept. 7, 2005 —** Mubarak wins first multi-candidate presidential election.
- **Nov. 2010 —** Parliamentary elections are held that opposition parties say are marred by fraud.
- **Jan. 25, 2011 —** Thousands of anti-government protesters in Cairo stage demonstrations in Egypt.
- **Jan. 28, 2011 —** Mubarak orders the army out on the streets to restore order.
- **July 14, 2011 —** Denies responsibility for killing some 850 protesters by his security forces during uprising.

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Determined Filipino family ignores skeptics to succeed in Canada

When Erick Alfonso meets immigrants who feel overwhelmed, he gives them hope by telling his own family's story. In fact, the Manila native and his wife achieved personal success in a remarkably short time, by ignoring skeptics who scoffed at their Canadian dreams.

Now working as a Manager of Customer Service at Scotiabank in Calgary, Alberta, Erick remembers how friends discouraged them from immigrating to Canada with their five young children.

"They told us that you need Canadian experience to find a job," recalls the former IT project manager at a Philippine bank. "But we decided to try because we knew it was a good country to raise our kids."

Upon arrival in Canada in 2006, the Alfonsos discovered that many Filipino compatriots were juggling low paying jobs to survive. While Erick also took a temporary factory job to pay the bills, he refused to give up hope.

"A friend told me to open my first bank account at Scotiabank, and the teller was so helpful that I decided to submit my resumé," recounts Erick. To his amazement, the branch manager hired him within a month as a casual teller, and two months later, gave him a full-time customer support role.

"I was lucky that Scotiabank gave me the chance to prove myself," notes Erick, who has risen through the ranks and now serves many Asian customers at Calgary's Castleridge Centre Branch. "I can relate to them because I remember arriving with no bank account and no permanent address. The Scotiabanker explained everything to me, and I try to do the same for others today."

For example, Erick recommends the ***Scotiabank StartRight***® Program[1] for Newcomers, which includes a free day-to-day bank account for one year[2], a wide range of VISA* card options[3] and a number of other customized services and benefits. He also provides plenty of first-hand financial advice.

"Since many newcomers arrive with personal savings, I help them invest their savings wisely, including short-term investments such as a Tax-Free Savings Account (TFSA), which lets them earn tax-free income that they can access later for other needs," says Erick.

He also explains the importance of building a Canadian credit history. "Some newcomers are afraid to use a credit card, but I tell them how it can help them achieve other goals if they use it responsibly."

Erick also gives pep talks on job searches, based on his experience and that of his wife, Maria Rosario, who within a year moved from a temporary accounting job to accounting manager with a local firm.

"We didn't do anything special, but we were determined. By believing in ourselves and supporting each other, we got through each difficulty," says Erick. "It is possible – If you show what you can do, you can build the right connections and open the door to a new life in Canada."

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Renee Omlas
Scotia advisor

"Renee helped open the door to my credit history in Canada."

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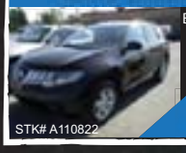

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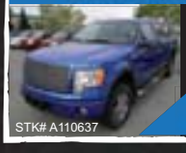

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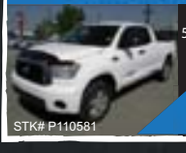

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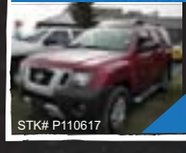

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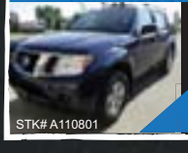

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Aussie bomb scare was a hoax: Police

Young woman wore suspicious device around her neck for 10 hours in Sydney home Investigators say it's very unlikely that the bizarre attack was random

A suspicious device that had been attached to a Sydney teenage girl's neck contained no explosives and appeared to be part of an elaborate hoax, Australian police said late yesterday.

In a scene that could have been straight from a Hollywood thriller, bomb squad specialists worked for 10 horrifying hours to free 18-year-old Madeleine Pulver from a bomb-like device she said was chained to her neck by a man in disguise who entered her suburban Sydney home in the afternoon. She was not hurt, and officials managed to free her.

New South Wales state police Assistant Commissioner Mark Murdoch said earlier yesterday that specialists had determined the device contained no explosives.

Murdoch said the man apparently had also left a threatening note in the house with specific demands that police would not describe.

"A very, very elaborate hoax as it turned out," Murdoch told reporters. "But it was made and certainly gave the appearance of a legitimate improvised explosive device. We had to treat it seriously until we could prove otherwise and that's exactly what we did and that's why it took so long."

Murdoch said the device had been attached to the girl "by a chain or something similar," which took officers a long time to remove. He declined to describe the disguise the attacker wore.

The drama began in the upscale Sydney suburb of Mosman when Pulver's family contacted police saying their daughter had been attacked and there was a strange device attached to her.

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No 'Shady RATs' here, agency says

- Canadian group denies it was hit by cyber-attacks
- McAfee report says anyone can fall prey to hacking

The World Anti-Doping Agency says it "has yet to be convinced" that it was one of four Canadian operations targeted in an international hacking scam.

Security firm McAfee named the Montreal-based agency in a report released yesterday, saying its systems were compromised for 14 months starting in August 2009.

McAfee dubbed the hacker scheme Operation Shady RAT, with RAT being a common acronym in the computer industry meaning Remote Access Tool.

The agency concedes there was a breach of its email servers in February 2008, but says it has no evidence of other violations.

Market moment

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David Skillicorn of Queen's University says such skepticism illustrates a stark reality: Most organizations don't know when they've been compromised. He says the McAfee report, which cited 72 intrusions worldwide from the same source over the past five years, was based on reliable research and is probably accurate.

McAfee also says two unidentified Canadian government agencies were targeted, the first in October 2009 for six months and the second in January 2010 for one month.

It says the governments of the U.S., Taiwan, India, South Korea and Vietnam were also on the target list, along with the IOC, the UN and many companies.

THE CANADIAN PRESS

Rough. Trade

▶ A trader works the floor of the New York Stock Exchange yesterday.

JIN LEE/THE ASSOCIATED PRESS

An ill wind blowing

Economic reports released yesterday showed fewer U.S. factory orders, a slowdown in the service industry and rising supplies of crude and gasoline. The weakening U.S. economy seems to be driving home a message of lower consumption. Without strong consumer confidence to invigorate growth, there is mounting fear on Wall Street that the United States risks sliding into a long-term economic coma.

Deadline extended for TMX takeover

A consortium trying to take over the operator of the Toronto stock exchange is giving investors until Sept. 30 to decide whether they want to tender their shares. Maple Group Acquisition Corp. said yesterday that it is extending the deadline while it continues trying to get required approvals to purchase TMX Group Inc., and will further extend the deadline if necessary. Maple has said it expects securities regulators and the federal Competition Bureau to make a ruling by the fall.

THE CANADIAN PRESS

$3.8B

Maple Group is offering $3.8 billion to acquire 70 to 80 per cent of the shares of TMX Group Inc.

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PARENTAL ADVISORY: CLOCK'S TICKING

HE SAYS ...

JOHN MAZEROLLE
METRO

For their summer vacation my parents have been visiting me in Toronto from Saint John, N.B., and so far I've had a lovely time taking them to restaurants, touring museums and preparing their eulogies.

My parents are only 54, which is young for parents, but 54 is also the average temperature difference between the two cities. In Saint John, a beautiful morning is one where the fog will burn off in time for the evening commute, while in Toronto I've been known to chase refreshing breezes down the street, screaming at them to come back.

So my parents have been attempting to have a good time, largely successfully, despite melting like plastic army men under a magnifying glass. Dad, in particular, looks like he could do that body-shake dogs do when they've just crawled out of a lake — except instead of laughing playfully the people nearby would run like they were fleeing a nuclear meltdown.

"When the switch to caretaker is complete, I plan to make them eat their vegetables and play outside on sunny days, even if their favourite show is on."

Aside from the risk of Mom and Dad spontaneously combusting, there's also the fact I rarely see them, meaning new ailments they've acquired during the past year come as a mild shock. My mother has a new knee problem that makes stairs seem like the equivalent of a military rope climb, and my dad's so farsighted now that he holds menus out in front of him like he's driving a go-kart.

They've become my canaries in the coal mine, essentially, telling me which things are going to fall apart on me first.

So I watch Mom and Dad with a blend of admiration and worry, the beginning of that role reversal families go through where eventually the kids are looking after the parents. I fret after every parental wince, as they did for me when I was a kid (presumably).

And as I write this sentence, I haven't heard from them in seven hours and don't understand why they haven't called. Don't they know I'm worried sick? What if they're lost on the streets of Toronto? They won't know what to do.

After all I've done for them.

When the switch to caretaker is complete, I plan to make them eat their vegetables and play outside on sunny days, even if their favourite show is on.

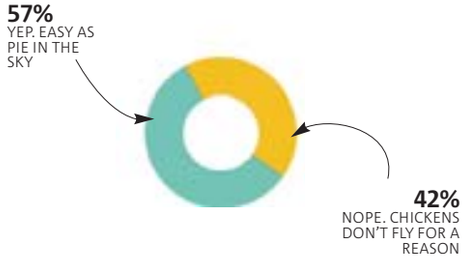
But before the role reversal happens, I also want to say thank you to them, not only because they've been my guides, my support and my friends, but also because I fully expect them to be dead by the end of the week.

Just remember, readers, that they were kind people, they were good people...

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metropolitanpanel.ca and take the quick poll

Would you brave Edgewalk at Toronto's CN Tower?



Local tweets

- **@common:** I went rafting in Calgary for the 1st in my life and it was LIVE!! Anyone gone rafting B4?
- **@rosalesj:** Samsung Concert at Olympic Plaza on the 8th, mystery band ! :o #yyc
- **@so77:** With free yo-yos handed out by scotiabank today,it has been an awesome lunch hour of watching adults smiling & play with the yo-yos #yyc
- **@janescalf:** Does anyone know of any road rage therapy sessions anywhere in Calgary? #yyc #roadrage #shittydrivers
- **@1002things:** My new teeth are making me a narcissist. Archie Tang at Concept Dentistry in #yyc is a genius at making me not look like a 1500's bar wench.
- **@reflectyoursoul:** Overheard a job interview for a well known store in #YYC. Interviewee was actually asked what size she is!!
- **@abryksa:** Enjoying my lunch in Riley Park today. Too gorgeous outside not to take advantage #yyc
- **@sebzero92:** Package from #YYC to # YYJ UPS here in four business days. Canada Post 13 Business days and counting.

Letters

RE: A particle of hope amid tragedy, published July 29.

Mr. Sullivan, you write some pretty glib remarks in your editorials, but I believe your crass remark about Jack Layton as "the champagne socialist" has to be one of the most crass I've read.

Layton is leader of a social democratic party, not socialist. Your flippancy is really quite uncalled for at this time during serious illness.

PEGGY O'NEILL
EDMONTON

RE: Hey — can I get your number? published August 2.

Hi Jessica, You may be very interested in one man's enlightened opinion with respect to women, empowerment, sexuality and the whole "what is a respectable number" debate, including the whole notion of women being perceived as "sluts" for enjoying sex too much.

Look up Johnny Soporno's online web tutorial/videos on being a worthy playboy, where he discusses the societal psychology surrounding women's sexuality. Thanks for the great column today!

DAVID CORMICAN
TORONTO

Cartoon by Michael de Adder

WEIRD NEWS

One little peacock sitting on a wall...

A peacock with a sense of adventure — and a good sense of direction — has flown back home to New York's Central Park Zoo.

On Tuesday, humans flocked and tweeted as the peacock left the zoo for a perch on a Fifth Avenue window ledge. It had good taste: A condo there reportedly sold for $22.5 million in 2009.

Zookeepers predicted the handsome green and blue bird would make its way home — and it did just before 7 a.m. local time yesterday.

It's been a rebellious season in the city zoos. In March, an Egyptian cobra was found nearly a week after it went missing at the Bronx Zoo's Reptile House.

Two months later, a zoo peahen was recovered at a nearby auto-body shop.

THE ASSOCIATED PRESS

FRANK FRANKLIN II/THE ASSOCIATED PRESS

▶The fly-away peacock

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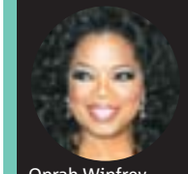
2 scene

News in brief



Oprah Winfrey, James Earl Jones and makeup artist Dick Smith have been picked to receive honourary Oscars. The Academy of Motion Picture Arts and Sciences says the three will be honoured with Oscar statuettes at the Governors Awards in November.
THE ASSOCIATED PRESS

Gay and lesbian group supports diversity efforts at ABC Family.
Scan code for more.

Mardi Gras comes to Marda

Street festival set to provide a unique experience for Calgarians

BACKSTAGE PASS

JENNIFER LARAWAY
METRO CALGARY

Not exactly known as a neighbourhood with an abundance of beads and feathers, Marda Loop is shedding its quiet family neighbourhood persona and embracing its alter-ego of New Orleans this Sunday.

That's right, it's "Marda" Gras time!

Even though this event has a 27-year history, there have been a few twists, turns, and unexpected hurdles in pulling off this year's festival.

Marda Gras Street Festival chair and producer Pamela Tchida Kupidy, who's been part of the organizing committee for three years now, says, "The city of Calgary made several changes to the rules and regulations for street festivals and public events."

Despite starting the planning process six months ago with a team of 22 volunteers, Kupidy calls this year's preparations "exhaustive."

On the bright side, this veteran event planner has learned a lot from the changes.

"Focus and consistency are essential," she says, "and with so many moving parts that's critical."

In fact, there are 10 blocks of moving parts. Marda Loop literally transforms from 10 a.m. to 5 p.m. on Sunday with two entertainment stages, a kids quarter, model search, eco alley, 200 food and merchandise vendors and even a dog contest. New to this year's lineup is a treasure hunt. Kupidy reveals some of her event planning strategy by saying the treasure hunt is designed to encourage people to explore all the elements of the festival, not to mention there are thousands of dollars in prizes to be won.

This free event takes place just off Crowchild and 33rd Ave., but free parking and shuttle is available from the Military Museum (4520 Crowchild Trail SW). For more information, visit mardaloopbrz.ca.

TAKE METRO BEHIND THE SCENES OF YOUR UPCOMING EVENT BY EMAILING DETAILS TO ENTERTAINMENTCALGARY@METRO.CA OR MESSAGE @MEDIAMINDJEN ON TWITTER.

Marda facts

- Five kilometre run/walk road race starts after the festival at 6 p.m.
- Event organizers are hoping for more than 35,000 people at this year's event.
- Marda Gras is one of the oldest street festivals in Calgary.

FLICKR: ABDALLAHH

▶ Marda Loop infuses a little New Orleans this Sunday with the Marda Gras Street Festival.

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Actor perfects the art of aping

Andy Serkis is performance-capture technology's king ◗ New film marks uncharted territory for art

NED EHRBAR
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METRO WORLD NEWS IN LOS ANGELES

If any actor is an expert at performance-capture technology, it's Andy Serkis. Despite popping up as himself plenty of times on screen,

Serkis is best known for inhabiting Gollum in Lord of the Rings and as the big ape himself in King Kong, both for Peter Jackson.

He suits up again for Rupert Wyatt's Rise of the Planet of the Apes as Caesar, a chimp that starts a revolution.

But as much as he's made a name for himself through performance capture, Serkis doesn't think you should notice. "People aren't so much wanting to celebrate the technology anymore. Really, that's passe. It's something that we need to get over, really," he says.

Maybe Serkis is so over it because he's had more to do with the technology than most actors.

"On Lord of the Rings, my performance was shot on 35mm with all the other actors, then I had to go and reshoot in the performance-capture volume. There were not many cameras and the markers didn't quite work and the real-time kept breaking down, so it was very, very early days," he says

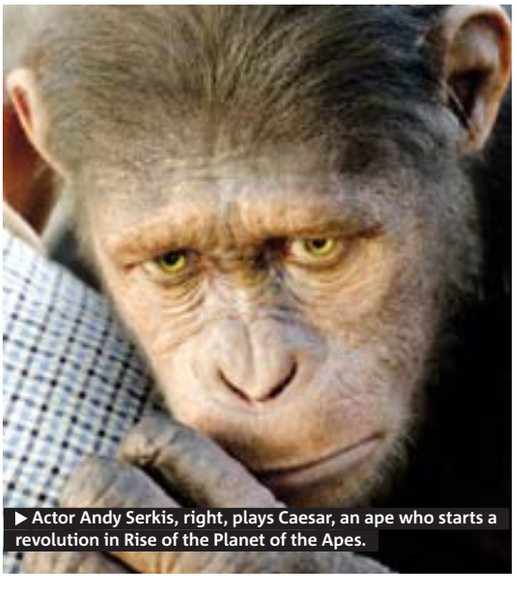
For his latest bit of monkeying around, Serkis donned a motion-capture suit and head-mounted camera rig, interacting onset with co-stars James Franco and Freida Pinto.

"On Rise of the Planet of the Apes, it's the first time that performance capture has existed on live-action sets," he says. "We didn't have to go back and repeat anything. We were in real locations with physical sets that were shot on film."

DAN STEINBERG/THE ASSOCIATED PRESS

▶ Andy Serkis

HANDOUT



▶ Actor Andy Serkis, right, plays Caesar, an ape who starts a revolution in Rise of the Planet of the Apes.

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Winehouse had big plans for the future, says source

Troubled singer wanted to marry, have children with boyfriend

Amy Winehouse had lots of plans for the future when her life came to an end last month.

Aside from her plans to adopt a young girl from St. Lucia, the tragic singer was reportedly planning to marry boyfriend Reg Traviss, according to the Sun.

"Amy was adamant about sorting herself out. Reg's proposal made her even more determined. She didn't want to carry on the way she was," a source says.

"She wanted nothing more than to be his wife and to start a family with him.

"She wanted to get rid of her demons so badly."

Winehouse, who had struggled with drug and alcohol abuse, was found dead in her Camden, London home on July 23.

An autopsy could not estabish the cause of death.

METRO

ALL PHOTOS GETTY IMAGES

▶ Amy Winehouse was determined to clean up her life, says a source.

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Celebrity Tweets

@lindsaylohan

Omg, I'm so embarrassed, paparazzi just blinded me with flashes again, as I was walking into dinner. They pushed me and I tripped :(

@mrskutcher

Pain can be a gift just not yet revealed. It all depends on how you choose to react to it. Remember it is happening for you, not to you!

@DonaldGlover

My twitter muscle has atrophied.

@SethMacFarlane

All the autotune in the world still doesn't sound as cool as talking into a desk fan.

Lautner buys new ride

Twilight star Taylor Lautner was reportedly walking by a Mercedes Benz dealership in L.A. with his parents recently when he spotted a silver 2012 SLS AMG sports coupe — and simply had to have it, according to TMZ. The 19-year-old actor dropped more than $200,000 on the car and drove it off the lot the same day. METRO

Fawcett's son arrested for heroin possession

Redmond O'Neal, son of Ryan O'Neal and Farrah Fawcett, is in hot water again, having been arrested for heroin possession in Santa Monica, according to Radar Online.

Police sources say they witnessed O'Neal engaged in an argument at a store.

After the argument, he got into his car and ran a red light.

Police then pulled him over and searched his car, where they found the narcotics.

He was held without bail.

O'Neal has a history of drug-related charges.

METRO

Janet engaged

▶ Janet Jackson

Janet Jackson is reportedly engaged to Qatari businessman and billionaire Wissam Al Mana — and has been for almost a year, according to Hollyscoop.

Sources say the secret proposal happened last year, but Jackson was in the middle of a tour and wasn't ready to go public with it yet.

"Janet's telling friends that an official engagement will come by summer's end, and that she and Wissam will marry in late 2011," says a source close to the singer..

METRO

Glee star dishes on looks

▶ Lea Michele

Glee star Lea Michele is the first to admit she doesn't have the most conventional Hollywood look.

"I'm 5-foot-3. I don't look like a lot of other people, you know what I mean?," the 25-year-old actress tells Harper's Bazaar.

"How many managers told me, 'Get a nose job. You're not pretty enough'?" she says. METRO

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3 life

Becks and H&M team up

David Beckham is getting a new set of teammates through a long-term partnership with H&M. The Swedish chain says the long-term alliance will allow the British athlete to produce and exclusively sell his bodywear line in some 1,800 stores and in about 40 countries worldwide.

THE CANADIAN PRESS

Grace Coddington's story from the front row of fashion will be told in a memoir

It's summer outside, but it's fall in the mall

How to sport a style that reflects the very best of both seasons ● Lightweight layers are key

Officially, summer has weeks left on the calendar, but retailers have begun the transition from lightweight and lighthearted vacation clothes to the more dressed-up, sophisticated styles that come with fall fashion.

The tricky part, they say, is that while it's good to infuse the excitement of a new season into stores, shoppers can be so enthusiastic about their new purchases they want to be able to wear them right away. That can be a problem when traditional fall looks — think sweaters, long trousers and outerwear —might not be suited to the dog days of August.

JC PENNEY

The solution? Lightweight layers in a deeper, more autumnal colour palette.

"The consumer in general is forward looking but wants instant gratification," says Barclay Resler, vice-president and head of visual management for Esprit.

KOHL'S

You can do that with a pretty chiffon blouse, he suggests, or a short-sleeve knit dress, maybe with some buckle detail at the waist.

Lisa Axelson, head designer of Ann Taylor, has already worn her sleeveless trench — with a silk blouse and cropped black pants —but it'll go with flannel trousers and long gloves later. It is "the perfect wear-now-and-layer-later piece," she says.

Fabric choices are very important, says Banana Republic creative director Simon Kneen, a fan of tropical-weight wool. "It's designed for tropics. It's airy, and the weave is more open, but it will look refined. It has a hand touch that drier and cooler, but you can have it in a dress, trouser, skirt, jacket — and those are the foundations of your fall closet."

ANN TAYLOR

THE CHILDREN'S PLACE

Lightweight chambray denim serves the same purpose for more casual pieces.

Navy is a favourite transitional colour for Resler because it plays crisp and clean against white pants, but more luxurious with high-waisted trousers in grey, camel or brown. A ruffled, navy-and-white dot blouse in stores now has it all, he says, a cheerful vibe to finish out the summer, but ladylike enough to carry through the year.

KOHL'S

Warm shades of orange, amber and green are trends at Kohl's for fall, but they're not dark colours, either, so they fit into a variety of weather landscapes, says David Hacker, vice-president of trend and colour.

Kneen says Banana Republic — and he imagines other retailers, too — has learned to work in the mindset of many mini-fashion seasons filled with versatile pieces instead of sweeping in with major changes twice a year.

"The consumer in general is forward looking but wants instant gratification."

BARCLAY RESLER
VICE-PRESIDENT OF ESPRIT

As a children's retailer, The Children's Place switched to its back-to-school merchandise in the middle of July to capitalize on the shopping-spree days before kids go back to class.

JC PENNEY

However, says Michael Giannelli, senior vice-president of design, all he needs to do is walk outside to be reminded that "fall is really a summer delivery."

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Gimme, gimme Moore

Years later we still want to steal this actress' style

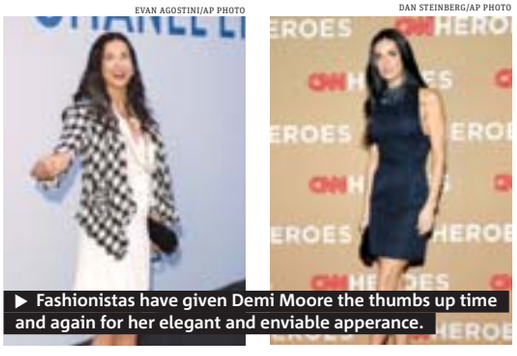
As a young teenager, before the fame, kids, paparazzi and front-row seats at fashion shows, Demi Moore regularly passed an Ann Taylor store at a local mall, taking note of the clothes.

In the years since, she's been a red-carpet rebel, jeans-wearing mom, bikini globe trotter and Versace model. Now her style evolution has come full circle, and Moore is the star of the Ann Taylor fall ad campaign.

She is the latest Hollywood connection for a company that previously tapped Katie Holmes and Naomi Watts to court its shoppers.

EVAN AGOSTINI/AP PHOTO

DAN STEINBERG/AP PHOTO



▶ Fashionistas have given Demi Moore the thumbs up time and again for her elegant and enviable apperance.

"I feel like I've known Ann Taylor since I was a kid. I've watched the clothes move into support for the working woman," said Moore, 48, during a break at a recent photo shoot in L.A. "It used to be a lot of suiting. I've seen as we've changed, that they've changed, reflecting on how we live as modern women, which is wearing things that take us from day to night, from workout to work to weekend."

Looking at Moore's own fashion history, she's changed a lot, too. She has done the menswear thing, the retro siren and many plunging necklines.

ANN TAYLOR/AP PHOTO

▶ Demi Moore in Ann Taylor's fall ad campaign.

She's been bald and buff and totally bare. (Remember the Vanity Fair cover when she was pregnant in 1991?)

In recent years, she has developed more of a signature look - one that's both sophisticated and sultry - which has won her praise from fashion insiders.

"We have to remember it's OK to take risks. Sometimes it will work and sometimes it won't. For me, I know there's a certain kind of balance of criteria. I like things that are classic. I want to know that I'll look in my closet five years from now and that piece still has a place. I don't have room or time for something's that just absolutely of the moment."

She has no problem taking some cues from the past, though. "I look at Katharine Hepburn, from the '30s and '40s, and the women of the '70s, Bianca Jagger," said Moore.

"When we're young, we're finding ourselves, what we like. I can say there are certain things that remain a constant. I've always loved vintage. I've rested in a place that's classic, with a twist."

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Cook up a new kitchen

- Not just for dining and entertaining, this room is the heart of any home
- Short on cash? Concentrate on improvements that are visual and easily changed

DESIGN CENTRE

KARL LOHNES
LIFE@METRONEWS.CA

Q: I have just moved into a condo that is 12 years old. I'd like to update the kitchen and am on a tight budget.
- Samantha, Halifax

Updating a tired kitchen is not only a great way to modernize your home (especially in an open-concept space) but to add re-sale value to your investment.

I usually recommend a full re-do about every 10 to15 years for a kitchen.

Once one thing starts to break down or look outdated usually everything else follows within a few years.

These ideas should allow your kitchen to feel modernized for another five years or so.

Countertops: Replacing the countertops will help update the old kitchen cupboards and change the overall feel of the kitchen.

HANDOUT

▶ ATTEST knobs from Ikea

HANDOUT

▶ ENA 9 One Touch

Look for a trend-setting counter to add a modern look to the room.

Consider non-shiny matte finishes and oiled soapstone for a dramatic look (blends nicely with appliances) or carrara marble for a lighter look — the carrara is great if your kitchen has white appliances.

Check wilsonart.com for fashionable laminate countertop options.

Hardware: Old colonial-styled brass hardware will instantly outdate your kitchen cupboards.

I suggest replacing them with knobs or pulls with a sleek design in a sliver metal finish to update the kitchen.

My favourite are the ATTEST Knob from Ikea, which are excellent value at $7.99 for a two-pack!

A few stainless countertop appliances: If major stainless steel appliances are not in your budget, invest in a few useful countertop appliances to help offer an updated look to the kitchen.

Depending on the size of your kitchen, a new coffee machine, blender and toaster will add sparkle and modernization.

My dream machine these days is the high-end ENA 9 espresso maker by Jura. It will definitely give a luxurious look to any kitchen.

I STOCK

▶ Keep in mind that most condo buildings have strict renovation rules even for cosmetic changes like tiles, flooring and countertops.

Focal wall and backsplash: Consider applying peel-and-stick vinyl tiles onto the walls rather than floors.

They are waterproof and extremely durable and inexpensive way to add pizzazz to boring walls or backsplash.

Vinyl tiles usually come in 12-by-12 inches and are easily cut and applied. At $1 to $4 per square foot, they are a great way to change an outdated backsplash.

Shine a little light

Under cabinet lighting will instantly give your updated kitchen a designer look.

- **Easy, plug-in lighting kits** are available at most home improvement retailers.
- **Screw a string of lights** under the upper cabinet and plug it in — your counters will glow with style.

Choose a colour/style of tile that blends well with the cupboards.

Classic travertine or sandstone looks will keep guests assuming that you have the real thing on the walls.

This idea equally looks great on a blank galley wall in a kitchen or bathroom.

Home Depot's assorted Tarkett vinyl tiles offer textured vinyl tiles that look just like real stone.

GOT A DECOR QUESTION FOR KARL? SEND YOUR QUESTION TO: LIFE@METRONEWS.CA. DON'T FORGET TO INCLUDE YOUR NAME AND TOWN/CITY, AND ANY PHOTOGRAPHS. WE REGRET THAT KARL CANNOT ANSWER ALL QUESTIONS SUBMITTED.

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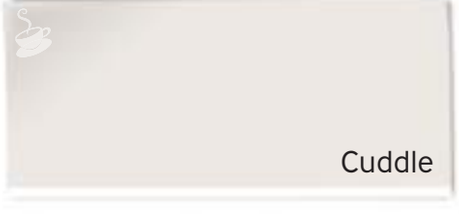

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Bring on the healthy fat

Salmon's unsaturated fats are key to its moist texture Team it with a mushroom-potato hash

MATTHEW MEAD/ THE ASSOCIATED PRESS

▶ The earthy flavour of the shiitake mushrooms with shredded potato complements the fish.

Though relatively high in fat, salmon is a great choice for a healthy diet.

That's because salmon's fats fall mostly in the good-for-your-heart unsaturated category. Which is a happy coincidence, because that fat happens to be key to salmon's moist texture and rich, indulgent flavour. The oils also make it hard to overcook.

So for a simple and healthy summer dinner, we've paired salmon with a mushroom hash. The earthy flavour of shiitake mushrooms mixed with shredded potatoes complements the rich fish. And a touch of soy sauce lends a pleasantly salty touch to cut through the oil.

Salmon with Shittake Mushrooms

Preparation:

1. In large sauté pan over high, heat 15 ml (1 tbsp) of the olive oil. Add mushrooms and sauté until well-browned, about 10 minutes. Lower heat to medium-high, then add the shallots and onion. Sauté for 6 to 8 minutes, or until the onion becomes soft. Add the potatoes and continue to cook until the potatoes are tender and beginning to brown. Season with the soy sauce and black pepper.

2. In another large sauté pan over medium-high, heat the remaining tablespoon of olive oil. Cook salmon fillets for 5 minutes per side, or to desired doneness. Serve each piece of salmon with the shiitake hash. Top everything with a sprinkling of scallions.

THE ASSOCIATED PRESS

Ingredients:

- 30 ml (2 tbsp) olive oil, divided
- 175 grams (6 oz) shiitake mushrooms, stemmed and sliced
- 2 shallots, chopped
- 1 small red onion, chopped
- 2 small red potatoes, grated
- 30 ml (2 tbsp) low-sodium soy sauce
- Ground black pepper, to taste
- Four 125-gram (4-oz) salmon fillets
- 1 scallion, thinly sliced

Weekly Cookbook

Especially during the summer, you want to enjoy life's sweeter side without tipping the scales. That's where Sweet & Skinny by Marisa Churchill (Clarkson Potter, 2011) comes in.

In her debut book, Churchill, a pastry chef, presents 100 low-fat recipes — from quick desserts that take less than 30 minutes to finales for dinner parties.

Among the recipes are: Red Velvet Cupcakes, Boston Cream Pie, Coconut Cake, Chocolate Peanut Butter Cups, Pecan Sticky-Bun Coffee Cake and many others.

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4 sports

Quoted

"Clearly I think it's a bit unfortunate for Canada to have two big events like this at the very same time. But I guess it's sometimes what it is."

ROGER FEDERER, WHO IS NOT A FAN OF THE ROGERS CUP'S NEW FORMAT THAT WILL SEE TORONTO AND MONTREAL EACH HOSTING TOURNAMENTS AT THE SAME TIME INSTEAD OF OVER BACK-TO-BACK WEEKS.

Canadian aids NFL teammate who suffers seizure

Canadian rookie lineman Danny Watkins put his first-aid skills to good use yesterday when a Philadelphia Eagles teammate suffered a seizure at training camp.

Watkins, a trained firefighter from Kelowna, B.C., provided assistance when defensive tackle Mike Patterson dropped to the ground at morning practice and started violently shaking. Patterson was also tended to by team trainer Rick Burkholder and his staff before being transported to Lehigh Valley Hospital.

The six-foot-one, 300-pound player is stable and was scheduled to undergo further tests, Burkholder said.

Patterson, 28, was the Eagles' first-round pick out of USC in 2005. He's started 84 games and played in 95, the most of anybody on the current roster.

Watkins, 26, has played just four years of competitive football.

He took up the sport while studying firefighting science at Butte Community College in Northern California in 2007.

THE ASSOCIATED PRESS

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Tues. Aug 9th - 10:00 – 3:30

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JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Jaden Schwartz kisses his sister's urn during a funeral for Mandi Schwartz in Wilcox, Sask., on April 8, 2011.

Sister's death shapes young hockey player

Jaden Schwartz works through grief of losing sibling to cancer while he attends the Canadian junior team's summer camp in Edmonton

Jaden Schwartz views the world through a different lens than many other hockey players his age.

In conversation, Schwartz seems older than his 19 years. Watching his sister Mandi succumb to cancer earlier this year changed his perspective on his life.

Hockey is important to him, as it was to Mandi. Schwartz fractured his ankle in the second game of world junior hockey championship in Buffalo, N.Y., this year and watched from the sidelines as the Canadian team collapsed in the third period of the gold-medal game and lost to Russia.

That stung, but Mandi was fighting for her life at home in Wilcox, Sask., while he was at the tournament.

"Obviously me getting hurt, that's nothing compared to what she went through," Schwartz said. "Obviously the loss is tough for everybody and it's a learning experience, but when you see Mandi go through that, it puts things in perspective and you know what's most important in life.

"It really changes you in a different way."

Mandi, who played for the Yale Bulldogs women's hockey team, died April 3 of leukemia at the age of 23.

Schwartz, brother Rylan — a teammate at Colorado College — and parents Rick and Carol are working through their grief this summer.

"It's obviously been tough," Schwartz said. "Without family and friends, I don't know if it's possible to get through something like that. I can't even start to explain how much it means to us.

"Mandi helped us a lot too, knowing how strong she was and how she supported us. I know she wouldn't want us to be sad all the time and down. She'd want us to keep on trucking. Her favourite motto was 'struggle and emerge' and that's what we're trying to do."

THE CANADIAN PRESS

Illegal poker probe for A-Rod

Major League Baseball plans to interview Alex Rodriguez as it investigates allegations the New York Yankees star took part in illegal celebrity poker games.

MLB said in a statement yesterday: "We take this very seriously and have been investigating this matter since the initial allegation. As part of the investigation, the commissioner's office will interview Mr. Rodriguez."

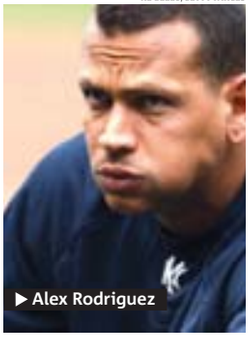
Star Magazine reported last month that several people saw A-Rod playing at one of the games hosted at Hollywood hotels and private residences; his spokesman denied then that he participated.

MLB said then that the report was the first the commissioner's office had heard about the accusation and baseball officials would look into the matter.

A spokesman for the Yankees declined comment when asked about Rodriguez.

THE ASSOCIATED PRESS

AL BELLO/GETTY IMAGES



▶ Alex Rodriguez

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	68	41	.624	—
New York	67	42	.615	1
Tampa Bay	57	52	.523	11
Toronto	56	54	.509	12½
Baltimore	43	64	.402	24

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	59	51	.536	—
Cleveland	54	54	.500	4
Chicago	52	57	.477	6½
Minnesota	50	59	.459	8½
Kansas City	47	63	.427	12

WEST DIVISION

	W	L	Pct	GB
Texas	61	50	.550	—
Los Angeles	60	50	.545	½
Oakland	49	62	.441	12
Seattle	48	62	.436	12½

Yesterday's results
Seattle 7, Oakland 4
Detroit 5, Texas 4
Boston 4, Cleveland 3
Tampa Bay 9, Toronto 1
Kansas City 6 Baltimore 2
N.Y. Yankees 18 Chicago White Sox 7
Minnesota at L.A. Angels
Tuesday's results
Detroit 6 Texas 5
Boston 3 Cleveland 2
Toronto 3 Tampa Bay 1
Baltimore 8 Kansas City 2
N.Y. Yankees 6 Chicago White Sox 0, 7 innings
L.A. Angels 5 Minnesota 1
Seattle 4 Oakland 2
Today's games
Toronto (Cecil 4-4) at Tampa Bay (W.Davis 8-7), 12:10 p.m.
Texas (Ogando 10-5) at Detroit (Penny 7-8), 1:05 p.m.
Cleveland (Masterson 8-7) at Boston (Bedard 4-7), 7:10 p.m.
Baltimore (Britton 6-8) at Kansas City (Francis 4-11), 8:10 p.m.
N.Y. Yankees (Nova 9-4) at Chicago White Sox (Humber 8-7), 8:10 p.m.
Minnesota (Liriano 7-8) at L.A. Angels (Chatwood 6-7), 10:05 p.m.
Tomorrow's games
Toronto at Baltimore, 7:05 p.m.
N.Y. Yankees at Boston, 7:10 p.m.
Oakland at Tampa Bay, 7:10 p.m.
Cleveland at Texas, 8:05 p.m.
Chicago White Sox at Minnesota, 8:10 p.m.
Detroit at Kansas City, 8:10 p.m.
Seattle at L.A. Angels, 10:05 p.m.

AL LEADERS

	G	AB	R	H	Avg.
AdGonzalez Bos	106	436	76	155	.356
MiYoung Tex	108	430	54	144	.335
Kotchman TB	93	316	28	103	.326
Bautista Tor	98	343	79	111	.324
VMartinez Det	94	347	49	111	.320
Ellsbury Bos	107	443	81	141	.318
JhPeralta Det	98	353	47	112	.317
MiCabrera Det	109	381	73	119	.312
Pedroia Bos	105	423	73	132	.312
MeCabrera KC	105	455	69	139	.305

HOME RUNS — Bautista, Toronto, 32; Teixeira, New York, 31; Granderson, New York, 28; Konerko, Chicago, 25; NCruz, Texas, 24; MarReynolds, Baltimore, 24; MiCabrera, Detroit, 22.
Not including yesterday's results

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Philadelphia	71	39	.645	—
Atlanta	64	48	.571	8
Florida	55	55	.500	16
New York	55	55	.500	16
Washington	53	57	.482	18

CENTRAL DIVISION

	W	L	Pct	GB
Milwaukee	62	50	.554	—
St. Louis	58	53	.523	3½
Pittsburgh	54	55	.495	6½
Cincinnati	54	57	.486	7½
Chicago	46	65	.414	15½
Houston	37	74	.333	24½

WEST DIVISION

	W	L	Pct	GB
San Francisco	62	49	.559	—
Arizona	61	50	.550	1
Colorado	51	60	.459	11
Los Angeles	50	59	.459	11
San Diego	47	64	.423	15

Yesterday's results
Atlanta 6 Washington 4
Milwaukee 10 St. Louis 5
Philadelphia 8 Colorado 6
San Francisco 8 Arizona 1
Chicago Cubs 1, Pittsburgh 0
Florida at New York, ppd., rain
Houston 5, Cincinnati 4
L.A. Dodgers at San Diego
Tuesday's results
Washington 9, Atlanta 3
Chicago Cubs 11, Pittsburgh 6
Florida 4, N.Y. Mets 3
Cincinnati 5, Houston 1
St. Louis 8, Milwaukee 7, 11 innings
Philadelphia 5, Colorado 0
L.A. Dodgers 1, San Diego 0
Arizona 6, San Francisco 1
Tonight's games
Chicago Cubs (R.Lopez 2-3) at Pittsburgh (Ja.McDonald 7-5), 7:05 p.m.
St. Louis (Lohse 9-7) at Florida (Ani.Sanchez 6-4), 7:10 p.m.
Washington (Detwiler 1-0) at Colorado (Rogers 4-1), 8:40 p.m.
Philadelphia (Cl.Lee 10-7) at San Francisco (Bumgarner 6-10), 10:15 p.m.
Tomorrow's games
Cincinnati at Chicago Cubs, 2:20 p.m.
San Diego at Pittsburgh, 7:05 p.m.
Atlanta at N.Y. Mets, 7:10 p.m.
St. Louis at Florida, 7:10 p.m.
Milwaukee at Houston, 8:05 p.m.
Washington at Colorado, 8:40 p.m.
L.A. Dodgers at Arizona, 9:40 p.m.
Philadelphia at San Francisco, 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
JosReyes NYM	95	419	79	142	.339
Braun Mil	100	369	69	119	.322
Votto Cin	109	406	69	130	.320
DanMurphy NYM	106	382	47	122	.319
Kemp LAD	108	392	66	125	.319
Morse Wash	98	339	48	107	.316
Holliday StL	84	298	59	94	.315
Pence Pha	104	416	52	128	.308
Helton Col	97	326	45	100	.307
McCann Atl	91	333	43	102	.306

HOME RUNS — Berkman, St. Louis, 28; Kemp, Los Angeles, 26; Stanton, Florida, 25; Fielder, Milwaukee, 24; Pujols, St. Louis, 24; Howard, Philadelphia, 23; Uggla, Atlanta, 22; JUpton, Arizona, 22.
Not including yesterday's results

RAYS 9, BLUE JAYS 1

Toronto	ab	r	h	bi	Tampa Bay	ab	r	h	bi
YEscor ss	4	0	1	0	Jnngs lf-cf	5	0	2	0
Rasms cf	4	0	1	0	Damon dh	3	0	0	1
Bautist 3b	2	0	0	0	Ruggin ph-lf	1	0	0	0
JMcDnl 3b	1	0	0	0	Longori 3b	4	0	0	0
Lind 1b	3	0	0	0	Zobrist 2b	5	2	2	1
Teahen 1b	1	0	0	0	Ktchm 1b	4	1	2	1
Encrnc dh	4	0	1	0	BUpton cf	4	1	1	0
EThms rf	3	0	0	0	McGee p	0	0	0	0
A.Hill 2b	3	0	1	0	BGoms p	0	0	0	0
Snider lf	4	0	0	0	Joyce rf	4	2	3	1
Arencii c	3	1	1	1	SRdrgz ss	1	2	0	1
EJhnsn ph-ss	1	0	0	0					
Chirins c	2	1	2	4					
Totals	**32**	**1**	**5**	**1**	**Totals**		**34**	**9**	**12**	**9**
Toronto					001	000	000		1	
Tampa Bay					044	000	10x		9	

E—C.Villanueva (1). DP—Toronto 1. LOB—Toronto 7, Tampa Bay 7. 2B—Encarnacion (27), Joyce (23). 3B—Jennings (2). HR—Arencibia (18), Zobrist (15), Kotchman (5), Chirinos (1). S—S.Rodriguez. SF—Damon.

Toronto	IP	H	R	ER	BB	SO
C.Villanueva L,6-3	2 2-3	9	8	8	0	1
Litsch	3 1-3	0	0	0	2	5
Ledezma	1	3	1	1	1	3
Camp	1	0	0	0	0	0
Tampa Bay						
Shields W,10-9	7 1-3	3	1	1	3	6
McGee	1	2	0	0	0	2
B.Gomes	2-3	0	0	0	0	0

T—2:39. A—11,803 (34,078).

TENNIS

ATP LEGG MASON CLASSIC
At Washington
Singles — Second Round
Nikolay Davydenko (9), Russia, def. Matthew Ebden, Australia, 6-3, 7-5.
Michael Russell, U.S., def. Xavier Malisse (14), Belgium, 7-6 (4), 2-3 retired.
Radek Stepanek, Czech Republic, def. Wayne Odesnik, U.S., 6-1, 6-1.

ODLUM BROWN VANOPEN
At WEST VANCOUVER, B.C.
MEN
Singles
Second Round
Bobby Reynolds (2), U.S., def. Luca Gregorc, Slovenia, 6-4, 2-6, 6-4.
Clement Reix, France, def. Fritz Wolmarans (7), South Africa, 4-6, 6-3, 7-6(9).
James Ward (5), Britain, def. Erik Chvojka, Montreal, 4-6, 6-3, 6-4.
Alex Bogdanovic, Britain, def. Yen-Hsun Lu (1), Taiwan, 4-6, 6-3, 6-3.
Doubles
First Round
Yuichi Sugita, Japan, and Grega Zemlja, Slovenia, def. Clement Reix, France, and Dusan Vemic, Serbia, 6-3, 6-4.
WOMEN
Singles
First Round
Casey Dellacqua, Australia, def. Heidi El Tabakh, Toronto, 7-5, 6-2.
Anne Keothavong (2), Britain, def. Ling Zhang, Hong Kong, 6-4, 6-1.
Irina Falconi (3), U.S., def. Kathrin Woerle, Germany, 6-1, 5-7, 6-1.
Arina Rodionova, Russia, def. Gail Brodsky, U.S., 3-6, 6-4, 7-5.
Julia Cohen, U.S., def. Eugenie Bouchard, Westmount, Que., 7-5, 6-4.
Olivia Rogowska, Australia, def. Misaki Doi (5), Japan, 3-6, 6-4, 6-1.
Julia Glushko, Israel, def. **Sharon Fichman, Toronto,** 6-3, 6-4.
Doubles
First Round
Anne Kremer, Luxembourg, and Sally Peers, Australia, def. Maria Kondratieva, Russia, and Sophie Lefevre (2), France, 6-3, 6-2.
Jamie Hampton, U.S., and Noppawan Lertcheewakarn, Thailand, def. Monique Adamczak, Australia, and Kumiko Iijima, Japan, 7-6(3), 6-3.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Winnipeg	5	4	1	0	124	94	8
Montreal	5	3	2	0	159	129	6
Hamilton	5	3	2	0	132	112	6
Toronto	5	1	4	0	105	142	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Edmonton	5	5	0	0	153	99	10
Calgary	5	3	2	0	117	117	6
Saskatchewan	5	1	4	0	101	160	2
B.C.	5	0	5	0	126	161	0

WEEK SIX
Tonight's game
All times Eastern
Montreal at **Toronto,** 7:30 p.m.
Tomorrow's games
Edmonton at Winnipeg, 7:30 p.m.
Saskatchewan at B.C., 10:30 p.m.
Saturday's game
Hamilton at Calgary, 9:30 p.m.

SCORING LEADERS

	TD	C	FG	S	Pts
Whyte, Mtl	0	17	13	1	57
Duval, Edm	0	16	11	8	57
Palardy, Wpg	0	9	15	2	56
Medlock, Ham	0	13	12	3	51
McCallum, BC	0	11	12	1	48
E.Johnson, Sask	0	10	9	4	41
Paredes, Cal	0	8	9	3	38
Prefontaine, Tor	0	8	8	0	32
Kackert, Tor	5	0	0	0	30
Stala, Ham	5	0	0	0	30
Stamps, Edm	5	0	0	0	30
Bratton, Mtl	4	0	0	0	24
Edwards, Wpg	4	0	0	0	24
Cates, Sask	3	0	0	0	18
Cornish, Cal	3	0	0	0	18
Foster, BC	3	0	0	0	18
Porter, Edm	3	0	0	0	18
Richardson, Mtl	3	0	0	0	18
Robertson, BC	3	0	0	0	18
C.Williams, Ham	3	0	0	0	18
Barnes, Edm	2	0	0	0	12
Brown, BC	2	0	0	0	12
Cobourne, Ham	2	0	0	0	12
Dressler, Sask	2	0	0	0	12
Durant, Sask	2	0	0	0	12
Green, Mtl	2	0	0	0	12
Jeffers-Harris, Wpg	2	0	0	0	12
Joseph, Edm	2	0	0	0	12
Lemon, Tor	2	0	0	0	12
McPherson, Mtl	2	0	0	0	12
Messam, Edm	2	0	0	0	12
Whitaker, Mtl	2	0	0	0	12
Shaw, Tor	0	3	1	1	7
Banks, BC	1	0	0	0	6
Bishop, Cal	1	0	0	0	6
Black, Tor	1	0	0	0	6
Bowman, Edm	1	0	0	0	6
Boyd, Tor	1	0	0	0	6
Brink, Wpg	1	0	0	0	6
Bryant, Cal	1	0	0	0	6
Burris, Cal	1	0	0	0	6
Clermont, Sask	1	0	0	0	6
Cox, Mtl	1	0	0	0	6
Denmark, Wpg	1	0	0	0	6
Deslauriers, Mtl	1	0	0	0	6
Diedrick, Mtl	1	0	0	0	6
Getzlaf, Sask	1	0	0	0	6
A.Harris, BC	1	0	0	0	6
Henry, Edm	1	0	0	0	6
E.Hill, Sask	1	0	0	0	6
Hughes, Sask	1	0	0	0	6
Lewis, Cal	1	0	0	0	6
Lulay, BC	1	0	0	0	6
Mann, Ham	1	0	0	0	6
Maypray, Mtl	1	0	0	0	6
Peterson, BC	1	0	0	0	6
Porter, Ham	1	0	0	0	6

ACTIVITY

BASEBALL

AMERICAN LEAGUE
CLEVELAND INDIANS — Activated RHP Ubaldo Jimenez. Optioned RHP David Huff to Columbus (IL). Assigned OF Travis Buck outright to Columbus.
DETROIT TIGERS — Activated RHP David Pauley. Designated LHP David Purcey for assignment.
OAKLAND ATHLETICS — Assigned LHP Jerry Blevins outright to Sacramento (PCL). Recalled 2B Adam Rosales from Sacramento. Agreed to terms with RHP Drew Gagnier and assigned him to the Arizona League Athletics.
SEATTLE MARINERS — Placed 3B Chone Figgins on the 15-day DL. Recalled 3B Kyle Seager from Tacome (PCL) and RHP Tom Wilhelmsen from Jackson (SL).
TEXAS RANGERS — Activated RHP Mike Adams.

NATIONAL LEAGUE
ATLANTA BRAVES — Assigned INF Diory Hernandez outright to Gwinnett (IL).
FLORIDA MARLINS — Assigned LHP James Leverton and RHP Alex Caldera to Greensboro (SAL).
PITTSBURGH PIRATES — Activated C Ryan Doumit from the 60-day DL. Optioned C Eric Fryer to Indianapolis (IL). Agreed to terms with RHP Jake Burnette.
SAN FRANCISCO GIANTS — Assigned 2B Bill Hall outright to Fresno (PCL).

BASKETBALL

NBA
DETROIT PISTONS — Named Lawrence Frank coach.

FOOTBALL

NFL
CHICAGO BEARS — Waived TE Draylen Ross.
CINCINNATI BENGALS — Signed RB Cedric Benson, LB Brandon Johnson and LB Manny Lawson.
DETROIT LIONS — Released LB Zack Follett, LB Korey Bosworth and DB Jack Williams. Signed DE Greg Banks.
HOUSTON TEXANS — Signed FB Lawrence Vickers.
KANSAS CITY CHIEFS — Signed DB Javes Lewis and CB Mario Ruussell.
NEW ENGLAND PATRIOTS — Re-signed T Matt Light. Signed C Chris Morris, RB Ben-Jarvus Green-Ellis, OL Jonathan Compas and RB Richard Medlin. Released RB Thomas Clayton and OL Mike Berry.
NEW YORK GIANTS — Signed RB Andre Brown, WR Mark Clayton, OT Stacy Andrews and RB Ahmad Bradshaw.
PHILADELPHIA EAGLES — Agreed to terms with OT Ryan Harris on a one-year contract and WR Cordario Calvin. Signed WR Brandon Caleb. Waived LB Terence Thomas and TE John Nalbone.
SAN FRANCISCO 49ERS — Signed CB Carlos Rogers and S Madieu Williams to one-year contracts.
SEATTLE SEAHAWKS — Signed PK Jeff Reed, CB Kelly Jennings, LB Michael Johnson, TE Zach Miller, RB Chase Reynolds and DE Jimmy Wilkerson. Released DT Ladi Ajiboye, PK Wes Byrum, G Michael Huey, QB Zac Lee and LB Blake Sorensen.

CFL
HAMILTON TIGER-CATS — Traded WR Arland Bruce to British Columbia for a 2012 third-round draft pick and a conditional draft pick.

HOCKEY

NHL
CHICAGO BLACKHAWKS — Agreed to terms with F Patrick Sharp on a five-year contract extension.
OTTAWA SENATORS — Re-signed F Kaspars Daugavins to a one-year contract.
SAN JOSE SHARKS — Signed D Colin White.

SOCCER

MLS
Last night's results
Kansas City 2 Real Salt Lake 0
Philadelphia at Chicago
Los Angeles at Portland
Friday's game
Columbus at Colorado, 9:30 p.m.

UEFA

CHAMPIONS LEAGUE
Yesterday's results
Rubin Kazan (Russia) 2, Dynamo Kiev (Ukraine) 1, Rubin Kazan advances on 4-1 aggregate
Trabzonspor (Turkey) 1, Benfica (Portugal) 1, Benfica advances on 3-1 aggregate
Vaslui (Romania) 0, FC Twente (Netherlands) 0, Twente advances on 2-0 aggregate
Zurich (Switzerland) 1, Standard Liege (Belgium) 0, Zurich advances on 2-1 aggregate
Champions Route
Malmo (Sweden) 1, Glasgow Rangers (Scotland) 1, Malmo advances on 2-1 aggregate
Slovan Bratislava (Slovakia) 0, APOEL (Cyprus) 2, APOEL advances on 2-0 aggregate
Viktoria Plzen (Czech Republic) 3, Rosenborg (Norway) 2, Viktoria Plzen advances 4-2 on aggregate
Sturm Graz (Austria) 1, Zestafoni (Georgia) 0, Sturm Graz advances on 2-1 aggregate
Wisla Krakow (Poland) 3, Litex Lovech (Bulgaria) 1, Wisla Krakow advances on 5-2 aggregate
Dinamo Zagreb (Croatia) 1, HJK Helsinki (Finland) 0, Dinamo Zagreb advances on 3-1 aggregate
Maribor (Slovenia) 1, Maccabi Haifa (Israel) 1, Maccabi Haifa advances on 3-2 aggregate
Partizan Belgrade (Serbia) 1, Genk (Belgium) 1, Genk advances on 3-2 aggregate

CONCACAF

CHAMPIONS LEAGUE
PRELIMINARY ROUND
Last night's results
Alianza (El Salvador) at Dallas (U.S.)
Isidro Metapan (El Salvador) at Puerto Rico Islanders
Morelia (Mexico) at Tempete (Haiti)
Santos Laguna (Mexico) at Olimpia (Honduras), 10 p.m.
San Francisco (Panama) at Seattle (U.S.), 10 p.m.
Tuesday's result
Toronto 2 Real Esteli (Nicaragua) 1 (Toronto advances 4-2 on aggregate)

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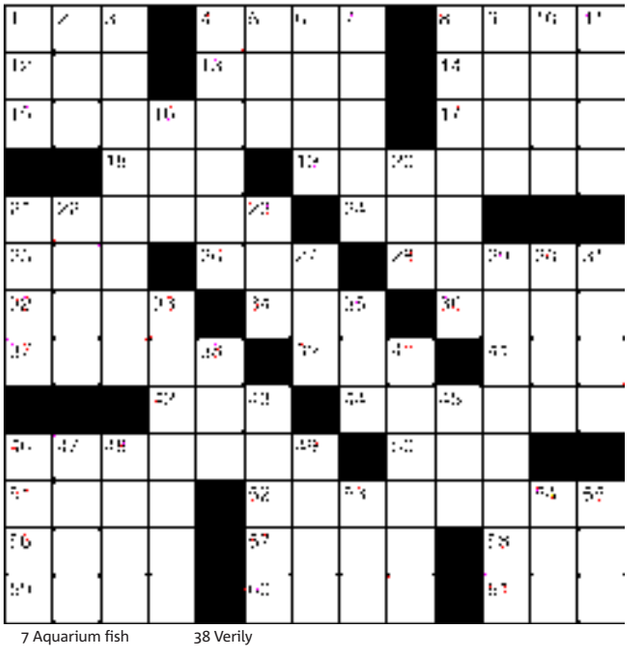
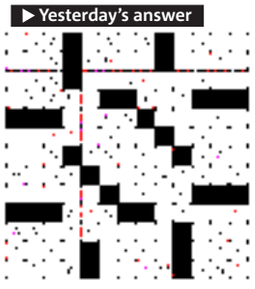
Crossword



Across
1 Six-pack muscles
4 "Huh?"
8 Slender
12 Speck
13 Ginormous
14 Last few notes
15 Good poker hand
17 Stead
18 Possess
19 Weapon collection
21 San Fernando, for one
24 Melody
25 Have a bug
26 Witnessed
28 Stickum
32 March 15, e.g.
34 Central
36 Bring to a halt
37 Bold
39 Roscoe
41 Regret
42 Conger, e.g.
44 Coy
46 Puts in the wrong place
50 Tatter
51 Help slyly
52 Vigor
56 Paddock papa
57 "My bad"
58 Writer Buscaglia
59 Despot
60 Dalai —
61 Tackle's teammate

Down
1 Billboards
2 Automaton, for short
3 Modern-day pram
4 Complains feebly
5 Embrace
6 Ottoman bigwig
7 Aquarium fish
8 Eyeball coats
9 Pork cut
10 Concept
11 Manhandle
16 Piercing tool
20 Taste
21 Futile
22 Staffer
23 Sweet potato kin
27 Peruke
29 Fight
30 Go sightseeing
31 Duel tool
33 Less corpulent
35 Old man
38 Verily
40 Singer Brewer
43 Disinfectant brand
45 Chap
46 Spar
47 Wading bird
48 Antitoxins
49 Old portico
53 Spinning stat
54 Coffee break hour
55 Scuttle

▶ Yesterday's answer



Sudoku

		1	8			2		
7	8			4	5			
9			3				5	
8				7				9
		6				5		
2				1				8
	4				3			1
			7	6			9	5
		3			9	6		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lu, I miss you. I love you. You're never far from my heart or my thoughts. Pleaes come home. I'll be waiting. **NA**

Lucky Lukey, I admire your optimism, your strength, your brilliance, and beauty. You have been there for me through crazy times, and with you I feel I can conquer anything. To my partner in crime, my best friend, my lover, my adventurer, I hope to give you all you have given me in the years to come. **DAZED**

Bubble in a soda pop, I am thankful everyday to have you in my life and even though it's only been 6 months I can say you're absolutely the only one for me, my best friend, my lover and my soulmate! You are my rock and cause of you I'm a better person. **LOVE BUG**

A look at the weather

TODAY	FRIDAY	SATURDAY
Min 12°	Min 11°	Min 13°
Max 23°	Max 23°	Max 23°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Someone in a position of power will say nice things about you. His or her flattery has other motives.

♉ Taurus April 21-May 21 Don't let a rival drive a wedge between you and someone you love.

♊ Gemini May 22-June 21 If someone tries to take liberties, you must deal with him or her harshly. Tread on toes if you must.

♋ Cancer June 22-July 22 If you let something that seems trivial pass today, others will take it as a sign you can be bullied.

♌ Leo July 23-Aug.23 Do what you can to please a person whose support you rely on but don't go to extremes or make empty promises.

♍ Virgo Aug. 24- Sept. 22 Others will respect you more today if you say what you mean and mean what you say.

♎ Libra Sept. 23-Oct. 23 Stop worrying that not all your plans have worked out as expected.

♏ Scorpio Oct. 24-Nov. 22 The more others appeal to your sense of duty, the more you should be suspicious of their motives.

♐ Sagittarius Nov. 23-Dec. 21 Don't trust what you are told just because the person doing the telling is some sort of expert.

♑ Capricorn Dec. 22-Jan. 20 The only way out of your predicament is to face your unhappiness.

♒ Aquarius Jan. 21-Feb. 18 Family members need to be reminded that you care about their wellbeing. Spend time with them.

♓ Pisces Feb. 19-March 20. If someone at work acts out of character, think about it and ask how you can help. **SALLY BROMPTON**

Caption contest

MORRY GASH/ THE ASSOCIATED PRESS

RICK BOWMER, FILE/ THE ASSOCIATED PRESS

WIN!

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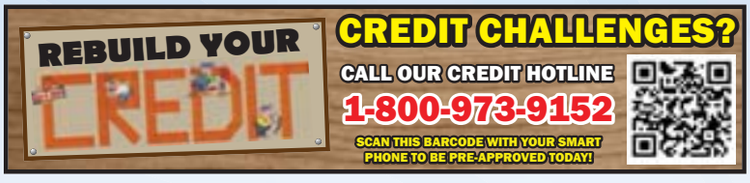

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